

TAKE 3 WORKOUT TOPS

... that all have ultra-flattering built-in support

**THE NORTH FACE
OPTIMUS TANK, £25
(01539 738882)** Having studied where women sweat most, The North Face designed this fab stay-dry Vaporwick vest top, which has varying degrees of moisture transfer.



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**RKR SPORT BALLERINA
VEST, £45 (WWW
.RKRSPORT.COM)** Designed by fitness instructors, this ethically produced, flattering top from RKR Sport has structured cups that offer enough support for low-impact sports.



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**SHOCK ABSORBER
SPAGHETTI STRAP
SINGLET, £18 (01525 859759)** The elasticated built-in bra offers basic support, but team it with a matching bra if you'll be bouncing around. Available at Debenhams from mid May.

